

Talk with me - Communication tips for parents

Newborn to 6 months

COMMUNICATION TIPS

- Hold your baby close and make eye contact.
- Talk to your baby, they are comforted by your voice. If you don't know what to say, read a book or sing a song.
- Good times to talk are nappy changing, bath times, getting dressed, going for a walk, feeding, in fact all the time.
- Copy the sounds and faces that your baby makes, look at the way they respond to your face and your voice.
- Playing helps your baby to learn, such as playing with rattles, tickling and 'peek a boo'.
- Sing to your baby, they love hearing your voice.
- Keep your language simple, use a sing song voice as this is easier for your baby to listen to.

DID YOU KNOW?

Your child has the ability to learn from the moment they are born. As your baby absorbs new sights, textures, scents and sounds, the connections in your baby's brain, that make learning possible, multiply and become stronger.

For more information and tips about communicating with your child visit:

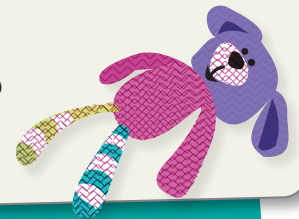
Surrey Family Information Service
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"what I like"

- When you hold me close and talk to me.

"what I can do"

- I am born with the ability to cry, which is my way of communicating with you.
- I cry to tell you that something's wrong, like if I have a wet bottom, I'm hungry, tired or want to be held or cuddled.
- I cry to let you know when I'm uncomfortable, it could be for lots of different reasons, perhaps because it's too noisy or there are too many people.
- I can recognise your voice from unfamiliar ones and find comfort in listening to your voice.
- I am learning new sounds such as cooing, gurgling and babbling.
- I can be startled by loud noises.
- By six months I will be able to turn to a sound when I hear it.



Know
when
you're talking
to me



SURREY