

Mark Making

Roll out old wallpaper or lay down paper on the floor to allow your child to mark make on a larger scale. Roll it up once finished and allow them to add to it each day.



Musical instruments

Make musical instruments at home using things you can find such as old bottles, coffee tins or jars. Fill them with pasta, rice or cereal to create different sounds. How about decorating them too to extend the fun!.

Story telling

Use toys, figures and teddies to tell and create stories with your child. This extends their play skills and helps to develop their imagination.



Dancing and moving

Some of our favourite songs to explore movement with are:

Shake your sillies out- https://www.youtube.com/watch?v=03zqJQJRLN0
Sticky Kids "Let's go walking"- https://www.youtube.com/watch?v=cj-ouBZXd00
Sleeping bunnies- https://www.youtube.com/watch?v=BHcFQ9gaMF4







Encourage the children to join in with baking and cooking activities. Talk to them about the changes as the ingredients move from one form to another. For example when butter softens from a solid block into a creamy texture.

Matching

Introduce matching games to your child by helping them sort socks into pairs. Talk to them about patterns and colours as you work together to match them.





Play dough.

Why not use this recipe to make your own with your child at home. You can add food colourings or flavourings to add scents. For something different you could even add curry powder or cocoa.

Recipe

- 2 cups of flour
- 2 tablespoons of oil
- Half a cup of salt
- 2 tablespoons of cream of tatar (found in the baking aisle)
- 2 cups of boiling water

Method

Mix the flour, salt cream of tatar and oil.

Add the boiling water and food colouring if you wish.

Stir continuously until it becomes a sticky combined dough

Allow it to cool a little then take it out of the bowl and knead vigorously until the stickiness has gone.